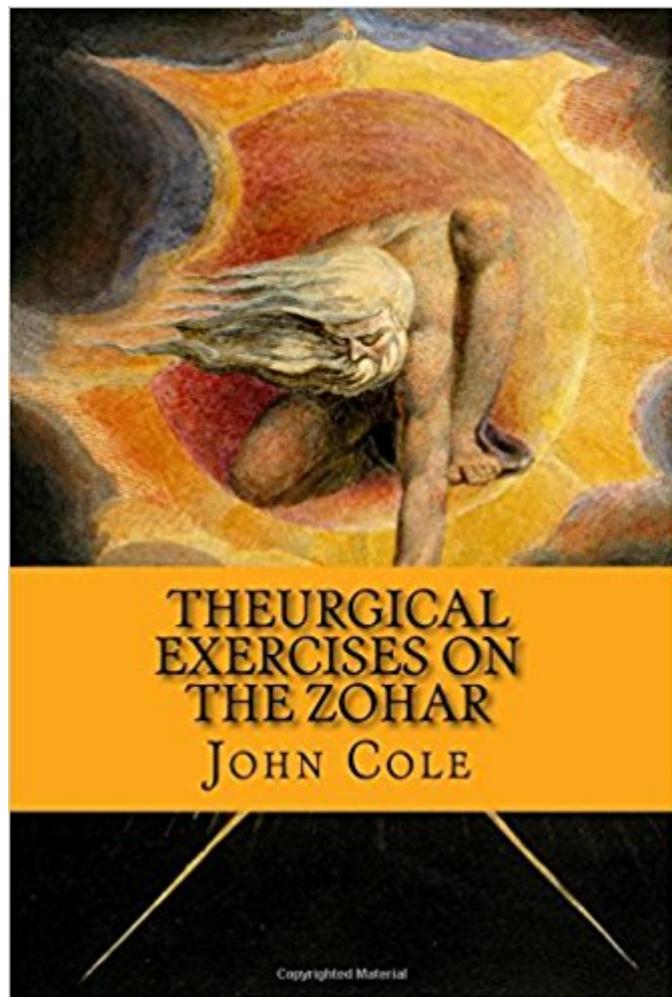


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# Theurgical Exercises On The Zohar



## Synopsis

Theurgical Exercises on the Zohar presents the most profound work of esoteric Judaism as a text through which one can receive spiritual illumination. Part I examines the history and development of the Zohar and discusses the practices of kabbalistic theurgy and kavvanah (the setting of intention during ritual and prayer). Part II presents four exercises for individual or group operations, exploring the Holy of Holies, the Mysteries of Metatron, the Mysteries of the High Priest, and The Four Living Creatures. Exercises consist of prayers for and commentary on vesting, lighting the sanctum lamp and incense, the practice of kavvanah, invocation and dispersion of sephirotic angels, recitation of the Shema', relevant readings from the Zohar, meditations and commentary. This illuminating work of a true initiate and scholar of the Mysteries will be of value to any serious and discerning students of the western esoteric tradition.

## Book Information

Paperback: 178 pages

Publisher: CreateSpace Independent Publishing Platform (July 19, 2010)

Language: English

ISBN-10: 1517615674

ISBN-13: 978-1517615673

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 11.5 ounces (View shipping rates and policies)

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Best Sellers Rank: #2,494,016 in Books (See Top 100 in Books) #87 in Books > Religion & Spirituality > Judaism > Sacred Writings > Zohar #1360 in Books > Religion & Spirituality > Judaism > Kabbalah & Mysticism

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